

**SENIOR NEWSLETTER      JANUARY 2017**  
**MUNICIPAL AGENT FOR THE AGING/SENIOR SOCIAL SERVICES**  
**EASTON SENIOR CENTER      ALISON WITHERBEE 203-268-1137**  
**awitherbee@eastonct.gov**  
**MONDAY – FRIDAY Hours: 9 AM to 2 PM**  
**OUTREACH      PAM HEALY      203 261-0289**

Dear Friends,

What a busy holiday season and I'm sure that most of you are relieved it's over! Now is the time to hunker down, stay warm and be well. BUT, you should also get out when you are able and the ESC is nice and warm and there's always something going on! Please call Pam Healy for a visit (she has a snow friendly car) and if you need assistance with something and you can't make it into my office call me I will come to you! Don't let your oil get too low and if you use space heaters be very careful where you place them and make sure they are off when you are not home. Read below about the follow up dates for the TEEN TECH and call to make your appointment!

**My very best wishes for a safe, healthy and happy New Year!**

**TEEN TECH**

**Tuesday January 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> and 31<sup>st</sup>**  
**From 2:30 to 3:30 pm**

The TEEN TECH program that we had in late November was a huge success! Seniors brought their iPads, laptops and cellphones to the event and got help with everything from organizing photos on their devices to learning about how to improve battery life! Because so many of you asked for it, and some of you missed it, there will be four Tuesdays in January where the tech teens will be at the ESC in the computer room ready to assist you and answer your questions. Please call the front desk at the ESC to sign up 203-268-1145.

**Fuel Assistance**

Fuel Assistance applications can continue to be submitted and for those who have applied deliveries will start after November 12<sup>th</sup>. Please call my office **203-268-1137** with any questions you may have or, to make an appointment to fill out an application.

***Please, call Pam Healy to arrange a visit.*** She is a caring listener, and has a list of caregivers, companions and resources for help within the community. Pam is an extension of Social Services serving as *Outreach* for our seniors. Pam is available to you with just a phone call **203-261-0289**.

*The Commission for the Aging does not meet in January.*

*Happy New Year*